

Festival Packed Lunch menu (choices to be booked in advance)

Sandwiches: Choice of

Meat – Chicken mayo, pesto and rocket

Fish – Tuna crunch with cucumber, pepper and sweetcorn

Vegetarian – Brie, chutney and rocket

Vegan – Crushed chickpea and roast pepper

Packed lunch will also contain:

Cake, piece of fruit, drink and crisps

Gluten free versions will be available; please ask for this or other dietary restrictions by contacting us when you choose your option or book, on

Festival2019@essexsilkpainters.co.uk

Lunch will be packed in a bag and available to collect from the Atrium Café area, to eat-in or take out for a picnic at the start of the lunch-hour, both days.